

# PE Curriculum Map 2025-2026



|          | Autumn 1                              | Autumn 2                                                | Spring 1                              | Spring 2                                                                              | Summer 1                               | Summer 2                                                                    |
|----------|---------------------------------------|---------------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------|-----------------------------------------------------------------------------|
| Year One | Gymnastics<br><br>Run, look,<br>avoid | Dance<br><br>Agility,<br>balance<br>and<br>coordination | Swimming<br><br>Run, jump,<br>throw   | Ball Skills<br>(hands)<br><br>Dual, win<br>lose (team<br>games)                       | Sports Day<br>practice<br><br>Football | Ball Skills<br>(Rackets,<br>bats and<br>balls)<br><br>Fair, share,<br>dare. |
| Year Two | Swimming<br><br>Run, look,<br>avoid   | Dance<br><br>Agility,<br>balance<br>and<br>coordination | Gymnastics<br><br>Run, jump,<br>throw | Ball Skills<br>(Rackets, bats<br>and balls)<br><br>Dual, win,<br>lose (team<br>games) | Sports Day<br>Practice<br><br>Football | Ball Skills<br>(hands)<br><br>Fair, share,<br>dare.                         |

PE lessons in bold are taught through Kickstarters from the scheme Beyond the Physical.