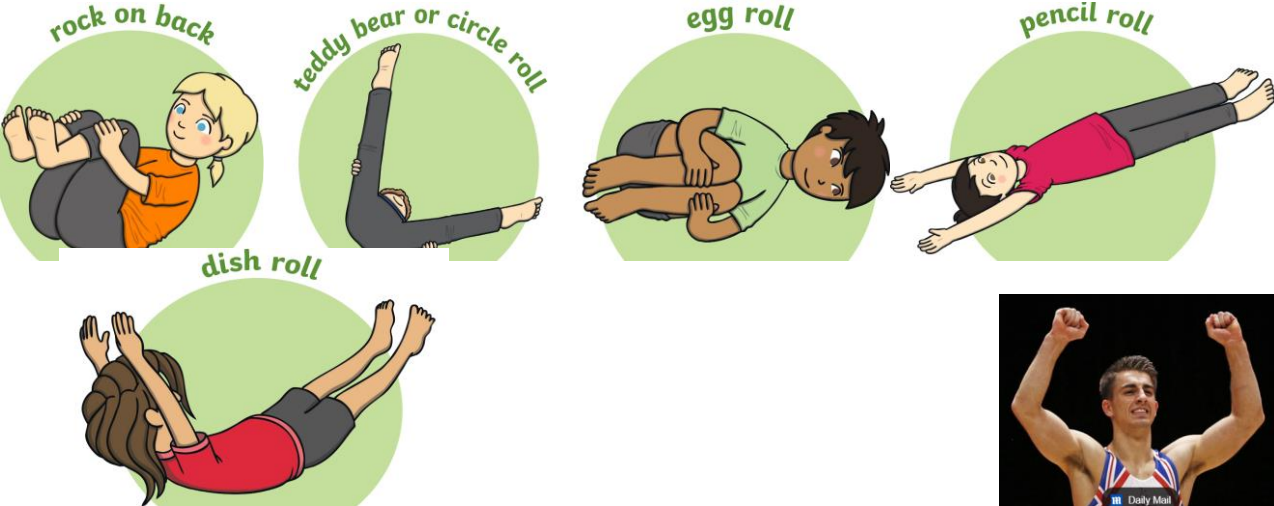


Year group: Year Two Term: Spring 1 Topic: Gymnastics



National Curriculum Objectives		Substantive Knowledge and Disciplinary Knowledge		Vocabulary	
Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.		I know how to link two movements together to create a mini sequence. I know how to link two movements on apparatus. I know how to create a jump, balance and roll sequence. I know how to create a jump, balance and roll sequence on apparatus. I know how to create a sequence.			
Prior Learning		I know how to perform a sequence to my peers.			
In Year 1 the children explored their body parts and created movements and balances. They then learnt how to link the movements and balances together.				Key Sportsman	
Future Learning				Max Whitlock – British gymnast. He began his gymnastic journey aged 7. He has Olympic and world championship titles. He has had a lot of success on the pummel horse. He was the first ever Olympic male gold medallist in gymnastics in 2017.	
Pupils should be taught to develop flexibility, strength, technique, control and balance.					
Teaching Ideas					
Week One	Week Two	Week Three	Week Four	Week Five	Week Six
Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

